

**The 7 “I AM” sayings of Christ.**  
**“I am the bread of Life”**  
**John 6:35, John 20:30-31**  
**By Russell Earl**

Thesis: I want to bring out the powerful meaning behind Christ’s statement about Him being the bread of life.

Intro: 1. When we think about life that Christ gives, what comes to your mind?  
2. We will notice that bread was provided by God at different times, however the bread that Christ offers is quite different.

I. Bread given in the O.T.

A. God has given bread at different times.

1. In **Exodus 16:15-19**, we see on occasion.
2. The purpose in Exodus was to provide physical food, and it was only to be temporary in nature.
3. This food would provide them physical life. (**John 6:49**)

II. Bread offered in the N.T.

A. The bread that Christ offers is not temporary in nature. (**John 6:48-51**)

1. First, who is the bread of life? Christ!
2. Second, this bread is so that those who eat of it will NOT die.
3. Compare **v.51 to John 3:16**

B. The bread Christ offers fulfills every need, spiritual needs.

1. The bread that comes from heaven, is Christ (**Jn 6:32-33**)
2. Those who come to Christ will have eternal life. Life which does not include hungering or thirsting (**Jn 6:34-35**).

III. Obedience results in receiving the bread of Life.

1. Those who believe (obedient belief) in Christ will have eternal life (**Jn 6:47-51**)
2. Those who were not spiritually minded did not understand Christ’s statement (**Jn 6:52**).
  - a. Our Catholic friends are taught the doctrine of transubstantiation. The idea that the bread, and the fruit of the vine turn into the literal body and blood of Christ.
3. Simply put, we must live by following the commands and teachings of Christ. Some bread will give us temporary fulfillment while the Christ, the bread of Life will give you eternal fulfillment. (**Jn 6:53-58**)

Application & Conclusion:

1. **John 6:60-69**
2. As we close, lets return to **John 20:30-31**
3. Full Invitation